Course: SPE 723 - The Nature, Diagnosis, and Treatment of Fluency Disorders

Instructor: Peggy S. Conner, Ph.D., Lehman College, CUNY

**Exploring self-knowledge in therapy for people who stutter**

This assignment uses videos, transcripts, and OASES results from FluencyBank (Voices-AWS) as well as course materials from Uri Schneider’s Transcending X platform. (See next page for details.)

*One of our course objectives is to put yourself into the shoes of someone who stutters. This week’s assignment will give you an opportunity to do just that. In addition, you’ll have the opportunity to apply what you’ve learned about supporting the growth of self-knowledge in a simulated treatment session.*

1. On the FluencyBank site view your assigned case’s interview video and OASES responses. Write down key information about this individual's experience of stuttering from both sources and be prepared to assume the role of this person in an in-class exercise.
2. On the Transcending X site watch Unit 1 videos. Read Unit 1 and go through the exercises in the eBook.
3. Prior to class, on our class discussion board reflect on what you observed about your assigned case by putting yourself into the shoes of the person. Respond to the following prompts as if you were role-playing.  Reply to 2 of your classmates.
4. What are your communication strengths and challenges?  Are you interested in therapy?
5. Reflect on Uri Schneider’s unit 1 (self-knowledge) as your assigned case.  Describe what resonated with you about the unit and why.  Which exercise are you interested in completing and why?

In class you will pair up with a classmate and try out one of the self-knowledge exercises in the eBook, role-playing your case. Take turns, assuming the role of a “client” completing the exercise with your partner as the clinician.

Debrief/class discussion questions:

1. In the roleplay as people who stutter, compare your experiences with your partner. How were your responses to this exercise similar and how were they different?
2. In what ways did you view the exercise differently in the role of the clinician vs. the client?
3. What were your strengths and challenges in the role of a clinician?
4. In your unique role as a person who stutters, would you be interested in therapy? Why or why not?
5. What would you think if you worked in a place where the SLPs only worked on fluency shaping?  (e.g., didn’t address self-knowledge)

\*Cases with interviews and OASES results

|  |  |
| --- | --- |
| Cases | Student Name |
| 24Fa |  |
| 24Fc |  |
| 24Ma |  |
| 24Mb |  |
| 25M |  |
| 26F |  |
| 26M |  |
| 27Ma |  |
| 28M |  |
| 29ma |  |
| 29Mb |  |
| 29Mc |  |
| 32M |  |
| 34M |  |
| 35Ma |  |
| 37M |  |
| 43M |  |
| 46Ma |  |
| 46Mb |  |
| 50fa |  |
| 62F |  |
| 62M |  |
| 64M |  |

FluencyBank:

<https://fluency.talkbank.org/teaching/>

-Voices of Adults Who Stutter

-Browsable transcripts

-Download transcripts and OASES

Uri Schneider, M.A. CCC-SLP,   
Director, Schneider Speech  
Podcaster, "Transcending X" (formerly "Transcending Stuttering")

[www.transcendingx.com](https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Furldefense.com%2Fv3%2F__http%3A%2F%2Fwww.transcendingx.com__%3B!!M2cvx14AM25G!3bO1Df_kSj2pn1fBLn1azVjlUVrx-9ilJNhrgyXHN5EZgnjp1id03UVJKG88VrpZZkr8dfVTlhkZlk1rgp8Xuh_DT3I%24&data=05%7C01%7Cpeggy.conner%40lehman.cuny.edu%7Cd8c8985ce85742e16dfd08dbae13b7f8%7C6f60f0b35f064e099715989dba8cc7d8%7C0%7C0%7C638295171983088992%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=Ljqf14T9xKbaRniYxDa5OTt5QeVtHm9QxwCIBmQGua4%3D&reserved=0)

[www.transcendingx.com/podcast](https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Furldefense.com%2Fv3%2F__http%3A%2F%2Fwww.transcendingx.com%2Fpodcast__%3B!!M2cvx14AM25G!3bO1Df_kSj2pn1fBLn1azVjlUVrx-9ilJNhrgyXHN5EZgnjp1id03UVJKG88VrpZZkr8dfVTlhkZlk1rgp8XHNTXutI%24&data=05%7C01%7Cpeggy.conner%40lehman.cuny.edu%7Cd8c8985ce85742e16dfd08dbae13b7f8%7C6f60f0b35f064e099715989dba8cc7d8%7C0%7C0%7C638295171983088992%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=6tZiqO7ZkjMUqObMc3EDB15d5TT1nZAS59UPuIeOLsk%3D&reserved=0)